

Lucas Maher

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EDUCATION

Tufts University, Medford, MA Bachelor of Arts in History and Africana Studies

EMPLOYMENT EXPERIENCE

Connecticut College

Head Coach of Cross Country and Track & Field

August 2017 – present

- Recruit high school student-athletes who meet very selective admission criteria in addition to athletic potential, as well as aligning with the core values of Connecticut College
- Participate in the College's educational mission as a full-time faculty member and annually teach a four-credit course titled "Theory of Coaching"
- Active member of Connecticut College Athletics Diversity, Equity, and Inclusion Committee (DEI)
- Oversee, support, and develop assistant coaching staff through weekly staff meetings and personal feedback
- Manage and coordinate all training, conditioning regimens, and team events for a nationally-ranked program
- Direct and execute two nationally-recognized meets with over 25 teams at each from around the country
- Motivate student-athletes to achieve success in athletics, the classroom, and community

Amherst College

Interim Head Coach of Cross Country & Track

January 2017 – August 2017

Assistant Coach of Cross Country & Track

August 2013 – January 2017

- Managed daily training, conditioning regimens and coordination of events for a nationally-ranked DIII program
- Coordinated intense athletic training with rigorous academic schedules of athletes
- Recruited high school student-athletes who meet highly selective admission criteria in addition to athletic potential

Milesplit Massachusetts

Webmaster

August 2013 – January 2017

- Provided extensive coverage of high school cross country and track meets
- Composed and published articles, statistics, and visual content on ma.milesplit.com
- Managed all social media accounts for MileSplit Massachusetts

Northampton Running Company

Assistant Store Manager

August 2013 – December 2016

- Sales Associate in run specialty shoes and gear
- Advised customers on training and racing by guiding them to the correct nutrition, apparel, and recovery products
- Managed and coached all store club runs, as well as race training programs

Janji

Social Media and Public Relations

April 2013 – September 2013

- Maintained and directed all social media platforms
- Coordinated and organized all press releases
- Attended regional running expos promoting the Janji mission and brand

STRIVE Trips - Iten, Kenya

June 2008 – August 2012

Co-Founder and Head Educational Group Leader

- Established and directed major community service projects for American high school students in local schools
- Supervised the travel and integration of American high school student athletes into local Kenyan communities